

# ATTITUDE MASTER

"Master the Power of Your Attitudes"

- David Deane Spread



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***Hi! I'm [David Deane-Spread](#)  
and I'm here to help you  
Master Your Greatest Power***

**Your Attitudes**

**You Can  
Improve Your Reality By  
Improving Your Attitudes**

**You Can  
Create MORE Calm and Contentment  
No Matter What Your Circumstances**

**You Can  
Redesign Your Life by Mastering Your  
Attitudes**

You know how important attitudes are in determining how your life goes - it's not the situations, it's **your responses** to the situations that create the way your life is.

**You Can Master the Power of Your Attitudes  
In Your Time and at Your Pace for only  
\$39.95**

**That's the total price including my on-going  
personal non-automated email support!**

**Master the Power of Your Attitudes!**

Download the .pdf format  
e-book and start [now](#) if you wish.

and I'll personally help you progress through the workbook, via email - it'll really be me, not some software automation process.

**PLEASE NOTE: -**

I'll answer within 24 hours - sometimes a little longer if I'm out of electronic range with my training work in the bush - see [here](#)

I developed this method as a result of thinking about training covert operators in an earlier phase of my life.

You can check me out [here](#)

After spending time in covert operations I knew the difficulties faced. If we ever had to use our core physical and weaponry skills it was already too late.

**Most incidents were preceded by an unintentional momentary lapse in the appropriate attitude of the operator and resulted in either being caught unaware or behaving in a manner that led directly to undesirable consequences.**

After years of adapting and improving, my method is now known as **Attitudinal Competence or "Att-C<sup>®</sup>"** for use by anyone personally, corporately, or for elite services or sport.

**It's the foundation of my work as an executive coach and is used by my clients in private life and corporate life.**

**Further below you'll read what private and corporate clients of mine say about the**

**workbook - and they are genuine professional checkable people.**

**Let me talk for a moment about the low price - \$39.95 for the e-book and on-going email support.**

**It is my dream that "Att-C<sup>®</sup>" will one day soon be taught in all schools.**

**Imagine a world in which we all can, and do, choose our best attitudes for right now and then either sustain them or adapt them as needed?**

**That's worth more than money in anyone's language!!!**

**So I want as many people as possible to have easy access to the workbook where they can learn the simple yet powerful skills of Attitudinal Competence or "Att-C<sup>®</sup>"**

**What's the best way to get it into all schools!  
Parent Pressure!!**

**Here's What You Will Easily Learn to do: -**

- **Understand the 7 ingredients of attitude and alter them whenever you wish.**
- **Swap your unwanted feelings whenever you wish to, for something better.**
- **Understand and manage your brain better to assist in attitude mastery.**
- **Work through your specific issues or problems, using "Att-C<sup>®</sup>" method, and resolve them quickly.**
- **The thinking and attitude formula to stay on top of your life.**

- **The step by step plan to recreate every aspect of your life in a way that suits you.**

## **Think About This -**

**You can choose all your thoughts, feelings, words & actions.**

Your thoughts, feelings, words and actions create your life more than external factors.

And your thoughts and feelings affect your words and actions more than anything else!

**You do not have to accept your first automatic thoughts!**

Do you know how to do that effectively?

Click [here](#) if you wish, to download the e-book that shows you how.

Most of us react "automatically" to what's happening right now.

**What would happen if you chose to think on "manual"?**

Here's an example from my life - My eldest son Daniel died on 15 February 2004, after a lifelong illness.

Though I miss him, I'm grateful for his relief from suffering.

I'm also grateful his devoted mother can now move on and enjoy the rest of her life, because there is so much more to life and Daniel would want her to enjoy it.

If I thought only on "automatic" I'd be stuck in grief.

click to read ["Daniel's Happiness Formula"](#)

If you're stuck in a negative pattern of thought because of ill health, poverty, grief or anger - you can change it right now by breaking that pattern of thought and focussing on a simple truth that exists in you right now.

That simple truth is this - you can change your thoughts right now, to something better that is also true and present in your life now.

Click [here](#) if you wish, to download the e-book that shows you how,

**Will YOU Become an *Attitude Master*?**

My comprehensive workbook, (in .pdf format) " **Master the Power of Your Attitudes**" has all the tools to train yourself to become an Attitude Master & to think on "manual" and generate your best thoughts feelings words and actions in any situation.

It works for me and my clients, and will work for you too.

If you sincerely work through this book and discover it doesn't work for you, I'll refund you money with no questions asked - this is my personal guarantee with full integrity.



**It's only \$39.95 and is downloadable in .pdf format [now](#)**

And remember I'm giving you ongoing email support at no extra cost - so long as you understand I'll respond within 24 hours unless I'm out of electronic range due to my training activities [here](#)

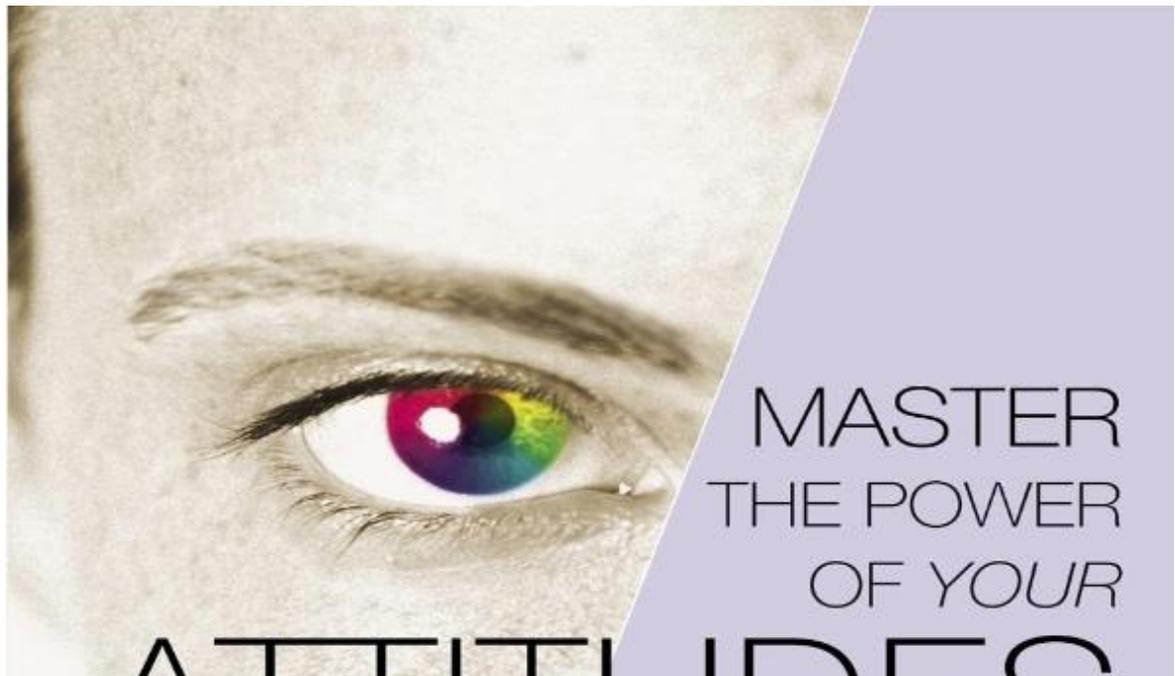
**By faithfully using this straightforward workbook, you will become an Attitude Master who can: -**

- *Always choose your best thoughts, feelings, words and actions.*
- **Let go of thoughts and feelings that you don't want.**
- **Create your best life, no matter what happens externally.**

**You will need a lined journal to write in as you work steadily through the book at your own pace.**

**In part three you will have the option of working in your journal or printing out the parts you wish, or simply duplicating the format in the workbook into your journal.**

**Here's a preview of the workbook**



# ATTITUDES

The **workbook** to choose  
your best Attitudes, Values,  
Purpose and Goals

"Attitudinal Competence (Att-C<sup>®</sup>) is your ability to  
manifest your best attitude for right now."

"Att-C<sup>®</sup> is your guarantee to create your best outcomes."

**David Deane-Spread**

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## Here's what others say about the workbook: -

*"The material in the workbook is exciting and tempts the reader to skim ahead. Do not give in to the temptation for the highest rewards are to be earned by proceeding thoughtfully and thoroughly through every page."*

**Dr Adian Zentner - Medical Director, Well Men Centres**

*"Timely, realistic, user friendly and empowering. I have personally gained tremendously from reading this insightful look at the most critical aspect of anyone's life... their attitude to everything!"*

**Kelvin Hutchinson - Speaker, Consultant, Author**

*"David has provided very useful illustrations of how our own thought patterns can be negative and lead to misunderstandings and to de-motivation. By his examples David shows how to broaden our thinking and to improve understanding with win-win outcomes for individuals and organisations."*

**Kerry Sanderson AO - CEO Fremantle Ports**

*"Changing your 'system' of thinking to become happier or more fulfilled is not easy, but as David affirms, with correct practice, it is possible. This workbook contains much practical wisdom and will show you realistic ways to increase your life/work enjoyment. It may be the best investment you ever make."*

**Daniel Kehoe - Author of the You Lead, They'll Follow series, volumes 1, 2 and 3.**

*"In this concise and practical workbook, David provides a powerful yet simple blueprint for mastering our attitudes and a key to understanding the behaviour of others based on a recognition of their own attitudes.*

*The book is a valuable tool for anyone œ whether you are in a work situation where you lead or manage, or whether you just want to achieve more in your life, this book is for you."*

**David Julian Price - Governance and Productivity Professional**

*"In this excellent workbook, David Deane-Spread has provided us with fundamental tools for life mastery. In a practical step by step fashion, he shows us how to first understand and then take command of our attitudes, instead of*

***being governed by them. He challenges the notion - "I have no choice" and blows it out of the water, revealing how we can always retain our power and never have to surrender to circumstances"***

**Linda Byart - CEO Well Men Centres**

*"Whether you are just starting out on your journey, or are looking for a booster to take you to the next level of success, the information and exercises in this workbook will make a significant difference. Complex concepts are made clear, and the accessible style means that you can work through from start to finish, or dip in as you need."*

**Helen Macdonald CSP - Corporate Optimist, Speaker, Author, and Facilitator**

*"David Deane-Spread's work at Fremantle Ports using his methodologies outlined in Master the Power of your Attitudes has greatly assisted a number of our operational Team Leaders to positively focus on implementing change."*

**Tom Arnautovic OAM - Manager Human Resources Fremantle Ports**

*"This book is a brilliant tool for anyone seeking to provide leadership for their own life and leadership for others. This book gives you the ability to discover what your values are and how your attitude is influencing your life (and the lives of all you connect to). Take this book and work with it, own it and discover what you can create for yourself."*

**Brett Read, Director - DTI Consulting - Safety Leadership and Culture Transformation Consultants**

*"As a Profit Improvement Strategist consulting to a wide range of businesses I see numerous examples of how poor attitude defeats both individuals and companies. — "Master the Power of Your Attitudes is the best workbook I have seen to help people realise their own potential and gain invaluable insight into how colleagues and subordinates see them. It should be required reading for everyone in business."*

**Michael Harrison - Profit Improvement Strategist, Author of The Mini Guides to Business and How to Ask Questions That Sell**

*"This valuable workbook provides step by step coaching on achieving improved personal outcomes by probing aspects of attitude and examining how these might be transformed. In my experience the combination of approach and topic is unique in personal development texts."*

**Steve Wade - General Manager, Marine & Technical Services, Fremantle Ports**

*"David's work on attitudes presents significant and life-changing concepts in a practical and thought-provoking manner. His thorough coverage of important information for our time, such as the power of thought, emotion and intention, is a must-read for anyone committed to their own personal development and that of their employees. This book has application for any age group."*

**Denise Quinn - Speaker, Consultant - Creating Workplace Behaviour Solutions.**

**Are You Ready to become an Attitude Master ?**  
Click on **Yes** below to Order Now

**[Yes - I want to download](#)**

**"Master the Power of Your Attitudes" - \$39.95**

**plus my ongoing email support as described above**

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