



Making the Impossible Possible



VISUALIZATION

Imagination is the mental faculty out of which your VISIONS arise. It deals with the might-be element of your life. It is used by every person who contemplates their present condition in life with a desire to improve it. It pictures an idea toward which to work.

Imagination is an intellectual factor of your personality. This valuable mental tool that you have been gifted with is used by most people, when it is used at all, for idle day dreaming or wishing.

It is strongly recommended here that you begin to use your imagination properly.

***"Imagination is the most marvelous, miraculous,
inconceivably powerful force the world has ever known."***

Napoleon Hill

You are aware that you are not a body, you merely LIVE in a body. Every cell of your body is intelligent and readily responds to thought vibrations.

LET thoughts of peace and relaxation flow into every part of your body.

When you are totally relaxed, LET the picture of your goal form on the screen of your mind, as already being completed. Then make a written description of this picture using the present tense.



PROGRESS

Become aware of how images are formed, the basic parts of your personality and how your cybernetic mechanism actually controls your life.

Change your mental thermostat so that the temperature of your life will be what you want it to be. By doing this, you are working with "CAUSES" not "EFFECTS."

There will be no progress as long as you try to change results. That might sound strange, especially since that is what you thought this Mentor Study Program would do.

Results are effects and what you are going to do is change the cause of your results. When you change the cause, the effect is automatic—by law.

The old image must be released and replaced with a new one that you originate in a relaxed state.

***"Of what use to make heroic vows of amendment,
if the same old lawbreaker is to keep them."***

Ralph Waldo Emerson

Learn to live as you like by no longer living as you dislike.

There is nothing complicated about it ... START NOW.

Hold the new image of the improved you. You can do this by ceasing to involve yourself with ACTIVITIES and PEOPLE whom you don't really enjoy.

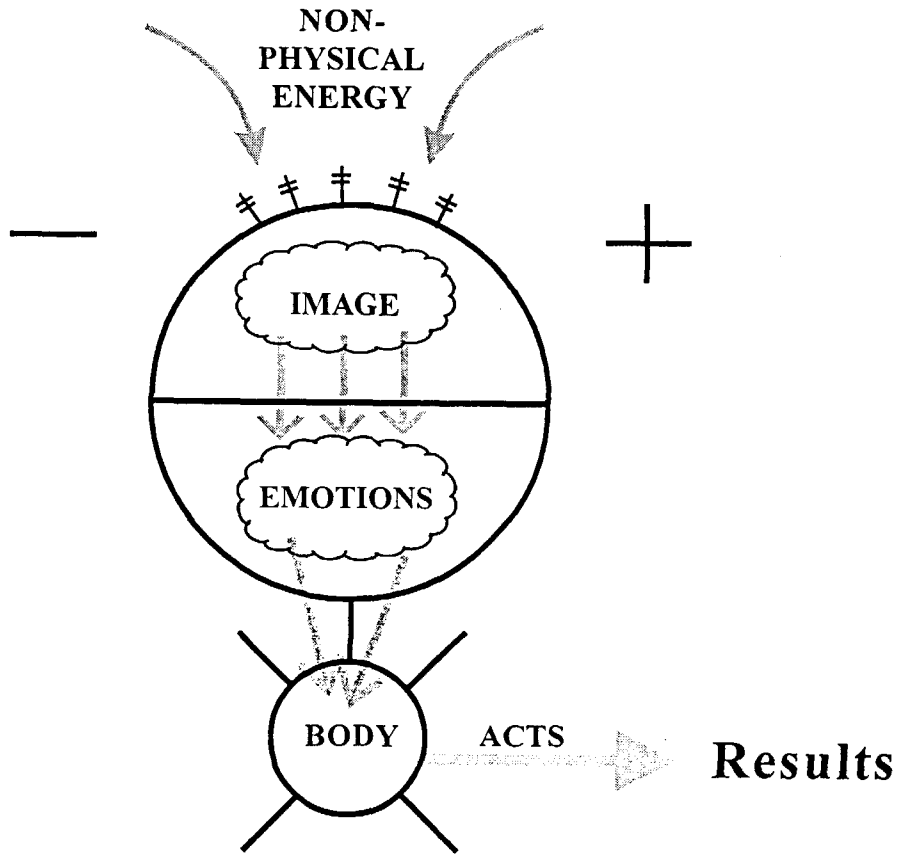
***"Selfishness is not loving as one wishes to live,
it is asking others to live as one wishes to live."***

Oscar Wilde

***"I exist as I am—that is enough.
If no other in the world be aware, I sit content."***

Walt Whitman—Song of Myself





YOU CHOOSE THE IMAGE

GOD DOES THE WORK—PERFECTLY

SPIRIT NEVER EXPRESSES ITSELF OTHER THAN PERFECTLY

SPIRIT MOVES IN THE CURRENT OF DIVINE ORDER



IMAGES

Your entire life is governed by images. Images are pictures or ideas. You have thousands upon thousands of images stored in the treasury of your subconscious mind. Every waking minute you are adding more images to your storehouse. Every time your senses are affected, another image registers in your mind.

Whenever you THINK, you are forming images in your mind.

When you are writing, painting or drawing, you are expressing an image.

Images are the preamble to every form of creation.

We have wars between nations when one nation will not accept the image the leaders of the other nations attempt to force them to accept.

Arguments can erupt when two or more individuals hold opposing images dealing with the same subject.

When we attempt to have another person accept, adopt or approve our image and when we are successful, we say we are "SELLING."

We are communicating when we have an interchange of images. You also have an "image" in your mind that controls every aspect of your life ... that, of course, is the "image" you have of your self.

"Self image is the premise, a base or foundation upon which your entire personality, your behavior, and even your circumstances are built. We act, behave and feel according to what we consider this self-image to be and we do not deviate from this pattern."

Dr. Maxwell Maltz



CYBERNETICS

The science of cybernetics goes back to the early years of the Second World War. In 1947, Norbert Wiener, a mathematician and Arturo Rosenbluth, a physicist, gave this science its name—CYBERNETICS.

Wiener and Rosenbluth defined it as the “science of control and communications, in the animal and machine.” It is based on the fact that both biological organisms and some machines have sensors that measure deviation from a set goal, and signal this “feedback” into a coordinating mechanism which then corrects the output or behavior of those same organisms or machines.

Correcting or improving a person’s appearance or external self-image will not cause a positive personality change when the inner self-image is distorted.

Self-image and Cybernetics explain the difficulties you might have in SETTING and REACHING new goals. Self-image and Cybernetics are the determining factors. You are engineered cybernetically as a goal-seeking organism, and you must have a target that you strive to reach.

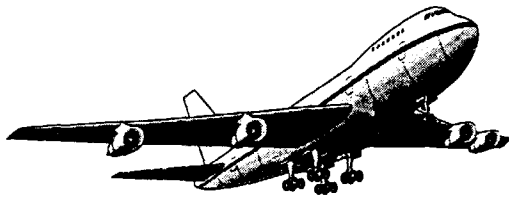
If you have a very fragile, inferior image of your SELF, you may be so inhibited you are not able to set a meaningful goal. You would then keep repeating the same mistakes or keep coming up with the same results.

On the other hand, you could set a meaningful goal that you want to work toward without understanding the truth of your nature. In this situation, you would be attempting to reach new heights with an old image.

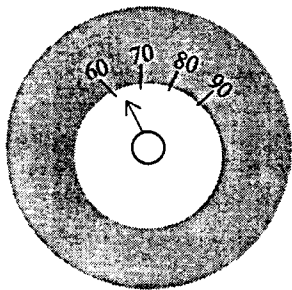
The feedback from your EFFORTS would be picked up in your mind by your self-image. This information would be communicated to your nervous system, your behavior patterns or actions would be altered until you are back on course and headed toward the results that your old self-image dictates you must get.



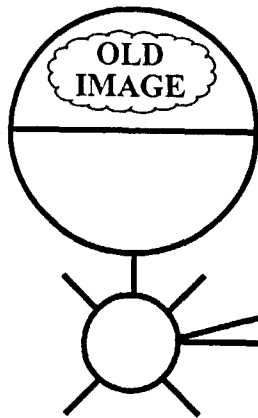
CYBERNETICS



TORONTO \longrightarrow NEW YORK



\longrightarrow 72°



\nearrow NEW GOAL
 \longrightarrow OLD RESULTS



HEALTH

It is our hope that this seminar will spark a desire within you to pursue your study of health for the rest of your life. In truth, the study of health is a study of the universe.

HEALTH is a natural state for your body. Health is always for expression of a peaceful mind that is moving in cooperation with natural laws. Your body is rooted in pure spirit, which is perfect.

DISEASE is always an effect. Disease is the expression of a mind that is in a confused state or not AT-EASE. Dis-ease is never a natural or normal state for your body.

To enjoy a healthier life there are three basic principles that must be studied, applied and understood. They are:

- a) Conscious Mind
- b) Sub-Conscious Mind
- c) Body

1. The Conscious Mind produces an IMPRESSION while the Sub-Conscious Mind produces an EXPRESSION.

Your Sub-Conscious arranges your affairs and attracts to you exactly those things and conditions which you have thought about and visualized.

"You become what you think about."



2. Auto-Suggestion

The power of suggestion is a very important part of this TeleSeminar and it is absolutely essential for the maintenance of a healthy body.

Suggestion is a term used to designate the entrance into the mind of ideas which tend to change the existing mental state. You must learn to refuse admittance of dis-ease into your mind. Hold an image of perfect health on the screen of your mind. Picture health using your imagination, and concentrate on this picture. Visualize that you already have the good you desire. When the picture or IDEA has penetrated your SUB-CONSCIOUS MIND the IDEA will be EXPRESSED.

“I was sick and now I am well.

Everyday in every way I feel happier and healthier.

It is so.”

3. Concentration

To release disease and re-create health, you must concentrate. By concentrating, you are directing the thought to a common centre. By focusing this attention on the desired object, it does not allow the mind to wander. For health, it is necessary that you originate a picture of the state of health you desire.

Remember, habits are formed through repetition, and through this act you are penetrating your subjective mind.

***“Habit is God’s way
of making good automatic in your life.”***

Robert Russell





GOALS—THINK ABOUT YOUR LIFE

Are you sincerely interested in improving the quality of your life? If you are, it is absolutely essential that you have a clearly defined goal or objective that you are working toward.

For you to move from where you are to where you want to be, there are two rules that YOU MUST FOLLOW.

RULE ONE: You must be able to see, with your inner eye of understanding or see in your mind, yourself already in possession of the good that you desire.

RULE TWO: Prior to making out your list, clearly understand you will never own anything. The only role you will ever play is that of a CUSTODIAN. Everything you have at the time of your death will belong to someone else. ***Since you can never own anything, NEVER let it own you.*** HAVE IT, ENJOY IT, SHARE IT, but make certain you keep it in the proper perspective.

Only YOU can decide what your goal is going to be. Although another person—your spouse, parent, employer, or associate may offer suggestions, YOU and only YOU can make the final decision. There is no one in the entire world who is capable of setting your goal for you. If they try and they probably will, do NOT permit it to happen.

Your first step in this TeleSeminar is going to be to write out a list of what you would seriously like to HAVE, DO, or BE. Happiness or peace of mind should not be on the list. They are not goals. They are states of mind that are caused by moving in a forward motion in your life. Happiness and peace of mind are the effects you will enjoy as you begin to release the creative forces within you, on your way to your goal.

Take the lid off your marvelous mind and DREAM. Do not limit yourself. There is no reason why you cannot have the good you desire if you can see yourself with it.

Your list is personal. Do not reveal it to anyone else unless they are in harmony with your thinking and you are certain they will encourage and support you ... **and only then, if you choose.**



As you make your list, it is not necessary that you have your desires in any particular order. Whatever comes to your mind should be written down. You will bring order to your list after the list is completed.

WHAT I WOULD LIKE TO HAVE, DO OR BE

1.	_____	<input type="checkbox"/>

2.	_____	<input type="checkbox"/>

3.	_____	<input type="checkbox"/>

4.	_____	<input type="checkbox"/>

5.	_____	<input type="checkbox"/>

6.	_____	<input type="checkbox"/>

7.	_____	<input type="checkbox"/>

8.	_____	<input type="checkbox"/>

Now that you have your list completed, carefully review your list and in the boxes provided to the right of the list, number your desires in their order of importance to you. This step in the goal achievement process is vitally important. The direction your life is going to take will be dependent upon your choice.



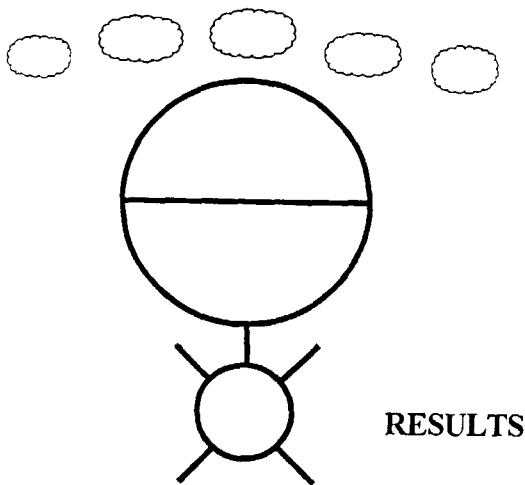
LIMITATIONS

It was Anderson who said, "Nothing is impossible to the mind. All its guidance and power are available to you. When you have fully realized that **THOUGHT CAUSES ALL**, you will know that there will never be any limits that you yourself do not impose."

Change The Cause—Not The Effect

Circumstances are effects and are rooted in thought. To improve or alter your circumstances you must take your conscious attention off the physical level of life, and focus it on the non-physical. You then must subject yourself to the laws governing that non-physical level.

Many people are anxious to improve their circumstances, but are unwilling to improve themselves—they therefore remain bound.



One ship drives east,
another drives west
with the self-same winds that blow.
'Tis the set of the sails
and not the gales,
which tells us the way to go.

Like the waves of the sea
are the waves of fate.
As we voyage along through life.
'Tis the set of the soul
which decides the goal,
And not the calm or the strife.

—Ella Wheeler Wilcox

Present results are the effects of previous thoughts rather than concentrating on how it presently appears. Concentrate on how you want it to be.

In the light of this truth, what then is the meaning of "Fighting Against Circumstances?" It means that you are continually fighting against an **EFFECT** without, while at the same time, nourishing and preserving its **CAUSE** in your heart.




LIMITATIONS

Limitations are self-imposed. Until they are recognized and removed, it is not possible to see the many opportunities which present themselves every day; opportunities that will make the journey to your goal more exciting and, of course, shorten the time for your goal to materialize.

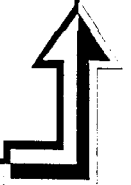
What are a few of the **limitations**, **conditions** or **circumstances** that you feel are hampering the growth that you desire? Complete honesty with yourself is necessary for this exercise.

1.	<hr/> <hr/>
2.	<hr/> <hr/>
3.	<hr/> <hr/>
4.	<hr/> <hr/>



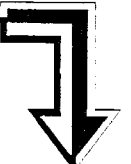
LIMITATION

Lined writing area for the LIMITATION section, containing 8 horizontal lines.



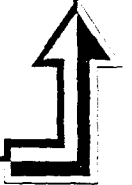
SOLUTION

Lined writing area for the SOLUTION section, containing 12 horizontal lines.



LIMITATION

Lined writing area for the LIMITATION section, containing 8 horizontal lines.



SOLUTION

Lined writing area for the SOLUTION section, containing 12 horizontal lines.





LIMITATION

A large rectangular box with a thick black border, containing ten horizontal lines for writing. A large, bold arrow on the right side points upwards, indicating the direction of the flow.

SOLUTION

A large rectangular box with a thick black border, containing ten horizontal lines for writing. A large, bold arrow on the right side points downwards, indicating the direction of the flow.





LIMITATION

A large rectangular box with a thick black border. Inside the box, there are seven horizontal lines for writing. On the right side of the box, there is a large, stylized arrow pointing upwards.

SOLUTION

A large rectangular box with a thick black border. Inside the box, there are seven horizontal lines for writing. On the right side of the box, there is a large, stylized arrow pointing downwards.

