

THE SECRET UNIVERSAL MIND MEDITATION

NOW THE SECRET IS YOURS TO USE...

The Secret is real and powerful. And it will change you. It starts by changing your belief system, slowly, subtly and gently while you sleep. As you are lulled into blissful slumber, *The Secret* is whispered into your ears, first audibly, and then just below the level of consciousness.

HOW TO LISTEN TO THE SECRET MEDITATION

Listen to *The Secret Meditation* faithfully every night for six weeks and thereafter as desired or needed. Listen in bed while you drift off to sleep. Even if you fall asleep while listening, the teachings will still be absorbed by your subconscious mind where they will work to ignite powerful changes in your life. The program's Theta and Delta waves will slow down your brain-wave activity so that it's easy to fall asleep. Please do not listen while driving as the frequencies provided will cause drowsiness.

The Secret Universal Mind Meditation is adapted from the book *Three Magic Words* written by U.S. Anderson, published by Wilshire Book Company, Chatsworth, CA

BRAIN SYNC

TO RECEIVE A CATALOG OR FOR MORE INFORMATION CALL
800-444-SYNC (7962)
WWW.BRAINSYNC.COM