

Flirting Body Language Secrets

How to tell if the girl you are with is interested in you? It doesn't matter whether she is interested in you, your job is to make her interested eventually anyway.

But look for these signs to show you whether you're already making progress.

Most are applicable to both sexes.

Her lips:

- Big smiles with upper and lower teeth showing with a relaxed face.
- Biting of the lips or showing of the tongue, licking her lips or touching of her front teeth.
- She wets her lips, some women use only a single-lip lick, wetting the upper or lower lip, while others run the tongue around the entire lip area.
- She puts her fingernail between her teeth.
- She protrudes her lips and thrust her breasts forward.

Her eyes:

- She gazes in your eyes with deep interest and her pupils are dilated.
- She raises both eyebrows exaggeratedly for a couple of seconds, this is often combined with a smile and some eye contact.
- She winks at you while talking to you or winks at you from a distance.
- While talking to you, she blinks more than usual, fluttering her eyelashes.
- Eyebrows raised and then lowered, then a smile indicates interest in you.

Her hair:

- She pushes her fingers through her hair. This can be one hand movement or more of a stroking motion.
- She twirls her hair around her fingers while she is looking at you.
- She is throwing her hair back off her shoulders.

Her clothing:

- If she is wearing clothes that show her nipples underneath and you notice they are getting perky and erect.
- The hem goes up to expose a little more leg.
- She is fixing, patting or smoothing her outfit to make herself

look better.

While she is seated:

- She moves in time to the music, with her eyes on you.
- She starts sitting straight up and her muscles appear to be firm.
- She is sitting with her legs open.
- She sits with her legs crossed in a manner to reveal her thigh.
- Her legs are rubbing against each other.
- Her legs are rubbing against the leg of the table.
- Her crossed leg is pointed towards you or if that same leg is rocking back and forth towards you.

Her hands:

- She exposes the palms of her hand facing you.
- While talking to you, she rests an elbow in the palm of one hand, while holding out her other hand, palm up.
- She rubs her wrists up and down.
- She sits with one hand touching one of her breasts.
- She rubs her chin or touches her cheek. This indicates that she's thinking about you and her relating in some way.
- She is fondling keys, sliding hands up and down a glass, playing with toys or other things on the table.
- She plays with her jewellery, especially with stroking and pulling motions.
- She touches your arm, shoulder, thigh, or hand while talking to you.
- She is pretending to look at her watch as you pass her.

Her voice

- She raises or lowers the volume of her voice to match yours.
- She speeds up or slows down her speaking to match yours.
- She laughs in unison with you.
- In a crowd she speaks only to you and focuses all of her undivided attention on you.

Miscellaneous:

- She mirrors your body language and body positions.
- Her skin tone becomes red while being around you.
- She blows smoke straight out from between her lips and toward you.
- She leans over and speaks into her friend's ear, just like in junior high school.
- She is standing with her head cocked slightly at an angle, one foot behind the other, hips slightly thrust forward.
- At a party - every once in a while she seems to appear out of

nowhere in your vicinity and if you move to another spot, soon she appears out of nowhere again, you catch her glancing in your general direction, she bumps into you... accidentally, touches you... accidentally etc...

All these signs usually tell you that the person is interested in you. But before you get there, chances are that her body language changes as the discussion progresses.

Make sure that you watch her closely and as soon as you get a sign that should be an indication that you are on the right track, keep going in that direction.

If the opposite happens, just change the subject and see what happens